How to get there  From Leicester take the A47 Hinckley road. Turn off on the B582/585 to the A447 then follow the signs to Market Bosworth. Market Bosworth Country Park (SatNav – CV13 0LP)

Car parking  Market Bosworth has several small public car parks (but note that Tuesday is market day!) There is a big car park in the arboretum park at the junction of the B585 and Cadeby Lane.

Public transport  Service 153 (hourly) from Leicester. See http://traveline.info/ or phone 0871 20022 33

Map  Ordnance Survey Explorer 233 Leicester and Hinckley plus Explorer 232 Nuneaton and Tamworth

Route  The outward section (on the Leicestershire Round) takes you across beautiful countryside, in slightly hilly arable land with superb views from the high ground. The return to Market Bosworth is quite a difficult walk as there are many stiles and two potentially very wet and muddy areas. Also, beware of a couple of electric fences put by farmers across their fields.

Refreshment  Market Bosworth has a variety of pubs, shops and cafes. At Carlton the pub is on the main road at the far end of the village.

Items of interest  Market Bosworth’s market charter dates back to 1285 and from the central market square the town has expanded fanwise. Bosworth Arboretum park with its well laid out woods, gardens, ponds, playing and picnic areas is ideal for family outings.

The walk  From Market Bosworth market place cross Main Street and continue in the same direction down Back Lane. Pass to the right of the old Dixie grammar school and the impressive old bank. Pass the public toilets on your right and continue downhill. At the T-junction cross the lane and enter the corner of the field just slightly to your left. There are two paths in this field. Take the one on the right. Walk downhill on a grassy track, close to the garden fence on your right. Cross the stream and make your way to the far right corner of the field, swinging gradually right to skirt a grassy mound on your right. The church spire is visible over to your right.

Meet the farm lane and turn left, past the houses. The lane becomes a farmtrack and then continues in the same direction as a field headland. Keep close to the hedge on your left. Pass Allotment Covert over to your right. At the end of the next very long field, Mill Covert comes in from your right to join a spinney plantation in the pointed corner of the field. Keep in the same direction to go through the spinney, keeping close to the stream on your left.

Cross the footbridge over the stream. Carlton church tower lies straight ahead but the footpath goes left to cross the hedge on the left of the field, near a telegraph pole. Walk around the corner of the field on your left. In approximately 100 yards go left over a stile and turn right. Walk towards Carlton close to the hedge on your right in the next three fields. Meet the road and turn right. Carlton village with its quaint bell tower is to your right.

From Carlton walk along the village street, passing the church on your right and then a garage on your left. At the junction turn right, away from the public house on your left. Shortly, in the hedge on your left, note the two waymarked routes. Take the second arrow on the gate/stile into the field, with the farm on your right.

Continue straight ahead to the stile on the left of the gate, keeping the hedge on your left. (Note the view of Bosworth church to your right and Nailstone to your left.) At the bottom of the field cross over the double stile and the (dried-up) stream, keeping close to the hedge on your left. Next comes a very difficult stile in the hedge, which leads into what may be a very wet, muddy area.

From this marshy area proceed diagonally right to cross the stile and footbridge over the stream. Cross straight over the meadow to another gate and stile in the hedge.
Walk along the ridge, pausing to look at the view before continuing with the hedge on your left to the end of the ridge. Swing right across the field to an electricity post with a waymark arrow and proceed in this direction to go over a stile by a gate. In about twenty yards turn into an arable field. (The path may not be cleared here.) Aim for the corner of Dog Kennel Spinney and walk with the spinney on your right. At the end of the wood, turn right to cross the stile into a pasture field and swing diagonally right to cross two footbridges with stiles.

Cross the arable field (usually reinstated) bearing right to reach a gap in a clump of holly bushes in the hedge. Turn right and keep the fence on your right and cross the stile in the corner of the field. Continue over the fence near the hedge and continue straight on close to the hedge on the right. Turn left to follow the direction of the waymark arrow on the post. Cross over very marshy ground to a stile and footbridge at the corner of Cowpasture spinney. Continue diagonally up the field towards houses on the Market Bosworth road. Go over the cattle grid onto the road by the gate house and turn right. Pass Market Bosworth hall on your right and the parkland on your left. Continue along the road, taking the left fork of the one-way system and turn right at Sutton Lane, to enter the market place, where the walk began.

Grace Allen: “A very nice walk! Market Bosworth often wins the Leicestershire in Bloom competition and its flower displays are a joy to behold.”