How to get there  Follow the A47 westwards towards Hinckley. Turn right on the B582 to Desford and Newbold Verdon and the B585 to Market Bosworth. Carlton (SatNav – CV13 0BZ) is two miles north of Market Bosworth.

Car parking  Street parking only in the village. Use discretion.

Public transport  Service 153 (hourly) from Leicester See http://traveline.info/ or phone 0871 20022 33

Map  Explorer 232 Nuneaton and Tamworth

Route  Easy walking in gently undulating countryside. Pleasant villages en route.

Refreshment  Manor Farm, Barton in the Beans. Mrs Jackson makes home made teas. Shackerstone pub and tea room at railway museum.

Items of interest  Carlton village has a little church with a quaint bell tower and some pretty village houses. Shackerstone has a castle site mound. The canal has colourful boats. There is a railway museum and it is possible to take rides on the steam trains.

The walk  From Carlton pass the church on your left and walk along the road towards Congerstone. Pass the old school (now converted to a house) and turn right along Shackerstone Walk. Pass the green and cross the stile at the left of Glebe Farm and follow the green, walled track. When it ends turn sharp left to pass big barns on your right. Keep in the same direction until you reach the end of the field on your right. Turn right and walk close to the hedge on your left. (The big barns are in this field.)

Cross the footbridge and walk uphill with the hedge still on your left. The stile in the top corner leads you into a hedged square. Keep in the same direction, with the hedge now on your right. Cross the footbridge. You now have a series of very wide, open fields, usually ploughed. Keep in a straight line through the waymarked gaps across the middle of these wide fields. In the fourth, smaller, square field cross the footbridge in the top left hand corner.

The next, huge, field is bordered by a long stretch of woodland. You need to reach the far right corner of this wood. Make for the isolated house, Keepers Cottage. Cross the road to the left of Keepers Cottage and continue in the same direction going diagonally left across the (ploughed) field, making for the right corner of Orange Hill Plantation, the wood which borders the railway line.

As you pass the corner of the wood you have below you a grand view over Shackerstone railway station, to the canal beyond, making a graceful curve around the old castle mound of Shackerstone.

Continue in the same direction. Cross the railway footbridge, passing the old station (now a museum and tea rooms) on your left. Stop to admire the Victorian railway and the canal. Turn right and follow the station approach track, beside the canal, down to the road junction. Move left to Turn Bridge and turn right to reach the canal towpath

(Shackerstone village centre, with church and pub, lies to your left.)

From Turn Bridge, walk with the canal on your left until you are opposite the old castle mound on the far side of the canal. Turn right and cross the field and go up the waymarked steps and over the railway line. Cross the footbridge over the stream and go straight ahead, under the bridge of the second railway line. Swing left to follow the hedge on your left and cross the stile 100 yards to the right of the corner of the field. Meet the field road and turn right. Continue on this (usually muddy) track for about three quarters of a mile to reach Odstone Hall.

From the top of the rise you have fine views.
Pass close to Odstone Hall on your left and then turn right at the footpath sign. With your back to the hall go downhill to the footbridge at the bottom of the field, passing to the left of a pond. The path from the bridge turns right and immediately left to follow a hedge on the left uphill for two fields.

At the top of the hill Barton in the Beans can be seen ahead. Nailstone church spire is to the left.

The next field has an enclosed path leading to a stile onto a track. Turn left on this track and meet the main road. Turn right to reach the crossroads, near Manor Farm. Meet Main Street, Barton in the Beans, and turn right.

From Barton in the Beans pass the rather splendid Baptist chapel on your right. Ignore the first footpath sign through farm buildings on your left and take the next path, signposted to Carlton, through two lots of green iron gates a little further on. Turn left and pass the farm buildings. Cross the stile and go diagonally left across the field to a gate and continue to the far left corner of the next field.

The route is waymarked and Carlton church can be seen ahead. A stile and plank lead to a small field with a gap in the hedge opposite leading to a track. Turn right here and then after approx 40 paces turn left. Keep close to the hedge on your left in a long field. Two more well waymarked fields lead to a small rough field with a stile leading to an enclosed path and a stile onto Main Street, Carlton, opposite the church, where the walk began.

Mary Hodgkin.